

In addition to learning TaeKwonDo and Martial Weapons each child will be taught valuable life skills, how to avoid dangerous situations and what to do if approached by a stranger.

2024 PROGRAM DIRECTORS

Mr. Martin Aherne 6th Degree Master Black Belt Certified Martial Arts Instructor & Success Coach Ms. Ginger Jackson 6th Degree Master Black Belt Director of Life Skills & Craft Curriculum

PROGRAM DETAILS

Taekwondo Lessons Tiger-Rock TaeKwonDo blends the ancient art of TaeKwonDo with modern approaches to teaching and sport science to make our style available to everyone. Cultivate both inner and outer strength in a safe, comfortable environment.

X-Pro & Weapons Today it is practiced as a Martial Art that improves concentration, develops strength, coordination, self-discipline and cultivates awareness of an ancient culture and its traditions. Martial Arts weapons are from an ancient era in human history but are still relevant in today's world. Learning how to use a weapon is the best way to learn how to defend against it. The student will learn how to control the weapon and its strengths and weaknesses.

Life Skills Lessons Students will learn im life-skills lessons such as:

- Responsibility/Courage
- **Physical Fitness**
- Concentration/Focused Listening
- Patience/Perseverance
- Community
- Honor/Respect
- Friendship/Confidence
- Manners/Social Skills
- Honesty/Integrity
- Positive Attitude/Health



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- Deposit: \$50 per person/per week
- Late Registration: \$25 per person/per week
- All camps will wrap up by 6:30pm.

FULL DAY CAMP:

Taekwondo + Weapons Class plus field trips, arts & crafts, fun games, and more.

- Full Day Camp (7:30am 4:00pm) \$254/weekly for 1st child \$229/week for each additional family member
- Extended Full Day Camp (7:30am 6:30pm)
 \$304/weekly for 1st child
 \$279/week for each additional family member
- Field trips included (subject to change/ availability); Lunch not included All students staying for Extended Full Day Camp (7:30am-6:30pm) must purchase a uniform to attend evening classes.

DAILY CAMP RATES:

Taekwondo + Weapons Class plus field trips, arts & crafts, fun games, and more.

- \$79 per day
- Includes TR Camp T-Shirt; must be worn daily
- Includes Field Trips (subject to change)
- Lunch not included

2 HOUR SKILLS CAMPS

Taekwondo + Weapons Class

- \$149/week for 1st child
- \$129/week for each additional family member
- Skills Camps are held Mon-Fri 10AM to 12PM
- Taekwondo Class: 10am 11am
- Weapons class: 11am-12 Noon
- * Late Pickup fee: \$1/min for first 30 min, \$5/min after first 30 min * All campers will receive ONE shirt for camp registration. Any additional shirts must be purchased.

SAMPLE DAILY SCHEDULE

7:30 – 10:00am Drop Off
8:00 – 10:00am Life Skills Lesson/Scheduled Activity
10:00 – 11:00am Taekwondo Class
11:00 – 12:00pm Martial Arts Class (XP, weapons)
12:00 – 1:00pm Quiet/Reading/Rest – Lunch Time
1:00 – 4:00pm Afternoon Field Trip
4:00 – 4:30pm* Free Time/Pick Up

Evening classes are available: must register for the regular program. Uniforms must be worn.

I would like to register my child for the 2024 Summer Camp Program. Please note that registration is not guaranteed once this form is filled out. Registration is complete when all required paperwork is on file at the academy and the tuition is paid. If you have been placed on a waiting list, we will notify you when space becomes available.	
May 27-31 (closed May 27) June 3-7 June 10-14 June 17-21 June 24-28 July 1-5 (Closed July 4)	 ☐ July 8-12 ☐ July 15-19 ☐ July 22-26 ☐ July 29-August 2 ☐ August 5-9 ☐ August 12-16
Daily: Select Day(s) M T W TH F Circle: Current Student or New Student Student's Name Parent's Name Address	
	State Zip
Work/Cell Phone Email	